



# MEMBER BILL OF RIGHTS

You are at the center of what we do. Your experience at Revelry CrossFit is very important. To keep things simple for you, we ask that you agree to these simple terms and conditions of service:

At Revelry CrossFit, we ask that you:

- 1.) Arrive on time for your appointments (it's YOUR time we're talking about, after all.)
- 2.) Cancel or change appointment times, if you must, before 8am on the day of the appointment.
- 3.) Pay for packages in advance, if you'd like to save money.
- 4.) Pay for single-session bookings immediately following the session.
- 5.) Tell your Trainer immediately if you're feeling dizzy, lightheaded, or nauseous. We can help.
- 6.) Put your things away – neatly and in clean condition – immediately after use.
- 7.) Be nice to everyone else in the gym (you can still be mean to us. That's fine.)
- 8.) Make your Trainer aware of aches, pains or other issues at the start of your session.

In return, we promise to:

- 1.) Always be on time for our appointment with you.
- 2.) Be prepared with a training plan for the session.
- 3.) Alter workouts as required.
- 4.) Make you the center of our attention during your session.
- 5.) Write exercise and nutrition plans to fit your long-term progression.
- 6.) Behave in a professional manner.
- 7.) Explain WHY any given exercise is relevant to you.
- 8.) Correctly invoice and give receipts, or make corrections immediately.
- 9.) Return your phone call or email at the first available opportunity. Provide you with a safe, clean space to train.
- 10.) Treat every client the same with regard to pricing, scheduling, and answering questions.
- 11.) Stay on top of relevant research that will help you achieve your goals.
- 12.) Provide 'homework' on the same day as your session.
- 13.) Be as flexible as possible in accommodating your schedule.
- 14.) Maintain the strictest confidentiality.
- 15.) Hold your lost items for two weeks before donating them to an appropriate charity.

MEMBER SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

P: 425-299-3817  
E: support@revelrycrossfit.com

Revelry CrossFit  
102 Ave D  
Snohomish, WA 98290

revelrycrossfit.com  
facebook.com/revelrycrossfit

*THIS FORM CAN BE FOUND ON [WWW.REVELRYCROSSFIT.COM/MEMBERSHIP-POLICIES](http://WWW.REVELRYCROSSFIT.COM/MEMBERSHIP-POLICIES)*



# MEMBERSHIP POLICIES

## **AUTOMATIC RENEWAL:**

All Monthly Session Based Membership plans are paid by monthly automatic electronic payment (credit card, debit card, or automatic checking account draft). Monthly memberships will automatically renew each month at the same payment terms and billing date established at time of enrollment with the exception of the annual 3% price increase that takes effect the first day of the New Year. All prepaid plans are paid upfront and will automatically renew upon expiration at the same rate and terms as the initial membership. Any changes to plan, or cancellation must be received 21 days in advance of next billing cycle or plan expiration date. It is the member's responsibility to monitor membership expiration and renewal dates. **Member Initials:** \_\_\_\_\_

## **MEMBERSHIP CANCELLATION:**

You are required to give a 21-day notice to cancel a membership with no exception. Membership cancellations are only processed on our website, [www.revelrycrossfit.com/membership-policies](http://www.revelrycrossfit.com/membership-policies). Month-to-Month plans and memberships can be canceled at any time, however we must receive the written notification twenty-one (21) days prior to your credit/debit card processing date to cancel your monthly membership. All plans and monthly memberships require a minimum of 21 days written notice prior to next billing date to assure cancellation of automatic payments. It is your responsibility to provide written notice 21 days in advance of your next billing date. There will be no refund issued once a payment has been charged to your credit card.

**Member Initials:** \_\_\_\_\_

## **MEMBERSHIP HOLDS AND ACCOUNT FREEZES:**

Clients may put their membership on freeze or hold, for a period no less than thirty (30) days (or one calendar month), and for up to ninety (90) days (three calendar months) per calendar year. Notice of freeze must be given to Revelry CrossFit via written email notification prior to the first day of the requested hold and will not be issued retroactively. Holds cannot be issued for personal travel under 3 weeks. All payments drawn prior to the requested hold will not be refunded. Clients will not be billed for frozen months, and billing will resume automatically upon end of the freeze period. All prepaid clients will have memberships extended by the number of frozen months. Holds longer than ninety (90) days may be issued for members of the military on temporary duty assignment with advanced notification. If client chooses to cancel membership during the hold or freeze period, written notification must be issued within 30 days prior to the end of the hold period, otherwise clients will be charged a final month of membership upon hold release.

**Member Initials:** \_\_\_\_\_

## **MEMBERSHIP LAPSES AND MEMBERSHIP REACTIVATION:**

If you choose to cancel your membership at any time and return at a later date you will be subject to any rate increases at the time of enrollment.

**Member Initials:** \_\_\_\_\_

P: 425-299-3817  
E: [support@revelrycrossfit.com](mailto:support@revelrycrossfit.com)

Revelry CrossFit  
102 Ave D  
Snohomish, WA 98290

[revelrycrossfit.com](http://revelrycrossfit.com)  
[facebook.com/revelrycrossfit](https://facebook.com/revelrycrossfit)

*THIS FORM CAN BE FOUND ON [WWW.REVELRYCROSSFIT.COM/MEMBERSHIP-POLICIES](http://WWW.REVELRYCROSSFIT.COM/MEMBERSHIP-POLICIES)*



# MEMBERSHIP POLICIES

## REFUNDS:

Revelry CrossFit will not provide refunds retroactively for any cancellation requests. Membership cancellations are only processed on our website, [www.revelrycrossfit.com/membership-policies](http://www.revelrycrossfit.com/membership-policies). Please do not send cancellation messages to our Facebook page or other social media sites.

Revelry CrossFit does not issue refunds if you do not use your membership, nor can you carry over sessions to the next month if you missed a class. No exceptions. **Member Initials:** \_\_\_\_\_

## KIDS AND DOG POLICY:

Revelry CrossFit prides itself on being a kid and dog-friendly gym. But in the interest of keeping everyone as safe and focused on their fitness as possible, we ask that you adhere to these policies regarding children and our four legged friends. All children either need to be able to sit unattended at the front of the gym or in the kid's room. If they require supervision, please have a responsible adult in attendance to supervise them. Our coaches are not responsible for your children or your pets. If your child is screaming please attend to them. Children are not allowed on the equipment at any time (to include rings, bumper plates, rowers, bikes, and boxes), and must be off the gym floor during classes. This goes for our furry friends as well. Please ensure your children do not go behind our front desk at any time. Please clean up after your children to include any snacks they may want to enjoy during the class. We pride ourselves on keeping a clean and rodent/pest free environment for our members. It is also not our coach's responsibility to clean up crumbs or other food items.

Dogs that bark, whine, jump or bite are not allowed at the gym. We reserve the right to ask you to remove a disruptive dog at any time. Our staff is not responsible for your dog or any messes they make. Please always ask management first if it is ok to bring your dog to class, please do not assume it is ok without first seeking permission. **Member Initials:** \_\_\_\_\_

## SAFETY:

We reserve the right to scale or stop your training session if it is deemed unsafe.

Revelry CrossFit reserves the right to refuse service to anyone for any reason. We reserve the right to cancel a client's membership at any time for any reason. If your membership is terminated by Revelry CrossFit for any reason; we will refund the balance or remainder of any prepaid, unused membership. **Member Initials:** \_\_\_\_\_

MEMBER SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

P: 425-299-3817  
E: [support@revelrycrossfit.com](mailto:support@revelrycrossfit.com)

Revelry CrossFit  
102 Ave D  
Snohomish, WA 98290

[revelrycrossfit.com](http://revelrycrossfit.com)  
[facebook.com/revelrycrossfit](https://facebook.com/revelrycrossfit)

THIS FORM CAN BE FOUND ON [WWW.REVELRYCROSSFIT.COM/MEMBERSHIP-POLICIES](http://WWW.REVELRYCROSSFIT.COM/MEMBERSHIP-POLICIES)